



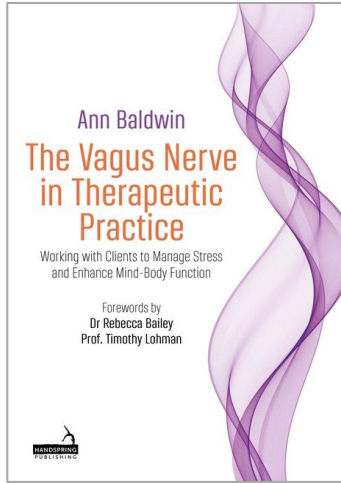
Woodslane

Bodywork and Manual Therapies

NEW AND BESTSELLING BOOKS

December 2023

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The Vagus Nerve in Therapeutic Practice

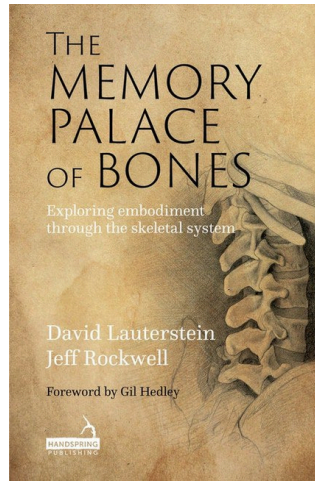
By Ann Baldwin, Rebecca Bailey



The Vagus Nerve in Therapeutic Practice explains the importance and benefits of self-regulating the nervous system, focusing on the vagus nerve. The author addresses the anatomy and evolution of the vagus nerve.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
246 X 173 mm
Release Date: February 2024
9781913426552

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 81.99



The Memory Palace of Bones

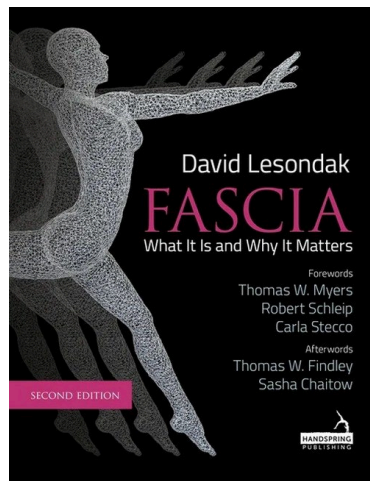
By David Lauterstein, Jeff Rockwell



The Memory Palace of Bones - exploring embodiment through the skeletal system is an unprecedented exploration of the anatomy of the bones of the body, and a unique set of reflections on the role each individual bone plays in our lives.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: March 2023
9781913426590

Paperback
176 pages
AUD\$: 74.99



Fascia 2/e

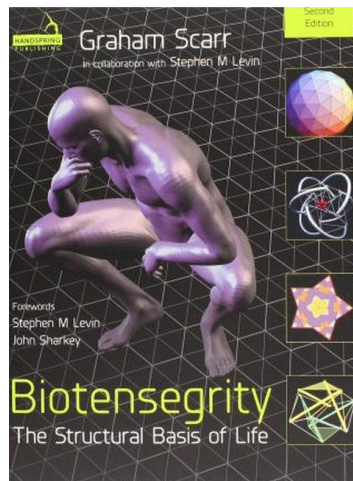
By David Lesondak



As the title suggests, this book presents a clear and easy to understand explanation of what the fascia is and the role it plays in the body.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: December 2022
9781913426316

Paperback
192 pages
COLOUR SECTION(S)
AUD\$: 66.99



Biotensegrity

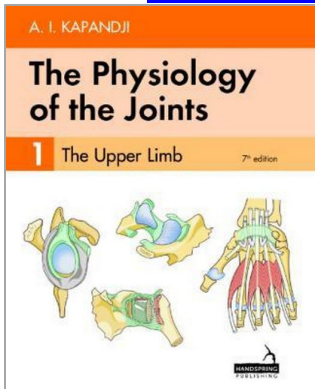
By Graham Scarr



The emerging science of biotensegrity provides a fresh context for rethinking our understanding of human movement, but its complexities can be formidable.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
235 X 185 mm
Release Date: February 2019
9781909141841

Paperback
204 pages
COLOUR SECTION(S)
AUD\$: 89.99



The Physiology of the Joints - Volume 1

The Upper Limb

By Adalbert Kapandji

The Physiology of the Joints, conceived and written more than forty years ago by Dr. A. I. Kapandji, deals with biomechanics, a subject until then mentioned only incidentally in textbooks of anatomy. Following his lead, every anatomy textbook nowadays has a large component devoted to the functional aspect of the locomotor system, which has become an essential scientific subject. This is the first of three volumes in the brand-new 7th edition. The seventh edition of this volume deals with the upper limb and has been expanded with the inclusion of new diagrams and text. In particular it explains: the concepts of DISI and VISI, employing the author's own "parable of the three friends," the transition to bipedalism, and more.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL

Paperback

275 X 220 mm

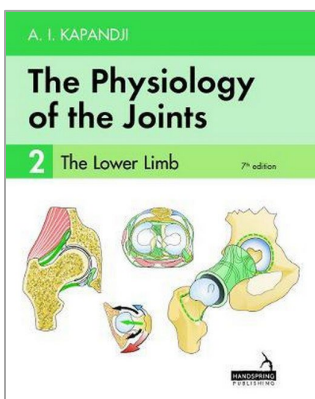
368 Pages

COLOUR SECTION(S)

Rel Date: June 2019

9781912085590

AUD\$: 97.99



The Physiology of the Joints - Volume 2

The Lower Limb

By Adalbert Kapandji

The Physiology of the Joints, conceived and written more than forty years ago by Dr. A. I. Kapandji, deals with biomechanics, a subject until then mentioned only incidentally in textbooks of anatomy. Following his lead, every anatomy textbook nowadays has a large component devoted to the functional aspect of the locomotor system, which has become an essential scientific subject. The seventh edition of this volume deals with the lower limb and has been expanded with the inclusion of new diagrams and text dealing in particular with: elasticity of the Achilles' tendon, barycentre of the pregnant woman, stance phase, swinging of the upper limbs, different types of gait, ordinary and military, jumping.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL

Paperback

275 X 220 mm

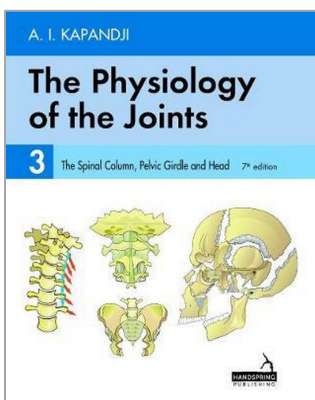
324 Pages

COLOUR SECTION(S)

Rel Date: June 2019

9781912085606

AUD\$: 97.99



The Physiology of the Joints - Volume 3

The Spinal Column, Pelvic Girdle and Head

By Adalbert Kapandji

The Physiology of the Joints, conceived and written more than forty years ago by Dr. A. I. Kapandji, deals with biomechanics, a subject until then mentioned only incidentally in textbooks of anatomy. Following his lead, every anatomy textbook nowadays has a large component devoted to the functional aspect of the locomotor system, which has become an essential scientific subject. The seventh edition of this volume deals with the head and the spinal column and has been expanded with the inclusion of new diagrams and text dealing in particular with: the role of the femurs during the different stages of labour, the concepts of mass, weight and barycentre, how to localise the barycentres, joint hypermobility and more.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL

Paperback

275 X 220 mm

356 Pages

COLOUR SECTION(S)

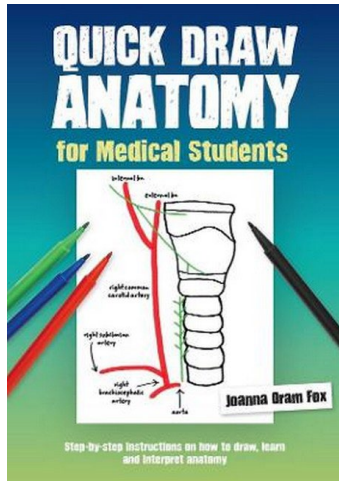
Rel Date: June 2019

9781912085613

AUD\$: 97.99



These 3 volumes are also available as a set ISBN: 9781913426019



Quick Draw Anatomy for Medical Students

By **Joanna Oram Fox**

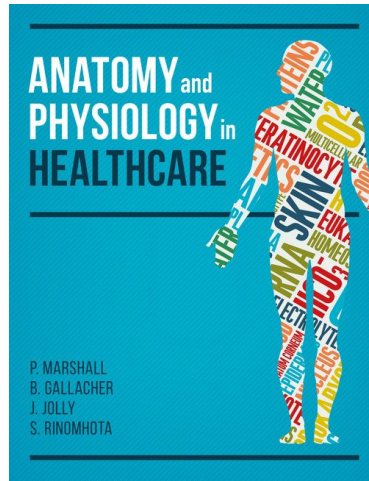
NEW



Simple, step-by-step instructions on how to draw, learn and interpret the anatomy you need to know as a medical student.

SCION PUBLISHING LTD
 Disc: ACAD & PROFESSIONAL
 244 X 172 mm
 Release Date: January 2024
97819111510512

Paperback
 250 pages
AUD\$: 74.99



Anatomy and Physiology in Healthcare

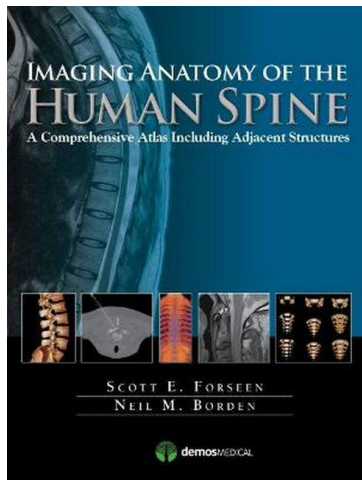
By **Paul Marshall, Beverly Gallacher**



Anatomy and Physiology in Healthcare uses a case-based approach to describe the biological principles which underpin the practice of healthcare.

SCION PUBLISHING LTD
 Disc: ACAD & PROFESSIONAL
 268 X 208 mm
 Release Date: August 2017
9781904842958

Paperback
 528 pages
AUD\$: 79.99



Imaging Anatomy of the Human Spine

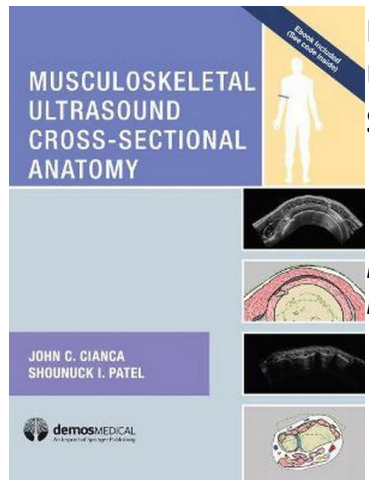
By **Scott E. Forseen, Neil M. Borden**



Provides a detailed overview of normal anatomy of the spine utilizing high-resolution, state-of-the-art images. All current modalities are represented including MRI, CT, CT and MR myelography and more.

SPRINGER PUBLISHING COMPANY
 Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: January 2016
9781936287826

Hardback
 312 pages
 COLOUR SECTION(S)
AUD\$: 295.00



Musculoskeletal Ultrasound Cross-Sectional Anatomy

By **John Cianca, Shounuck I. Patel**



Provides a roadmap of normal sonographic anatomy of the musculoskeletal system with optimized images that emphasize spatial relationships and three-dimensional orientation.

SPRINGER PUBLISHING COMPANY
 Disc: ACAD & PROFESSIONAL
 229 X 152 mm
 Release Date: November 2017
9781620700624

Paperback
 380 pages
AUD\$: 278.00



Anatomy - Reference Guide

By Vincent Perez

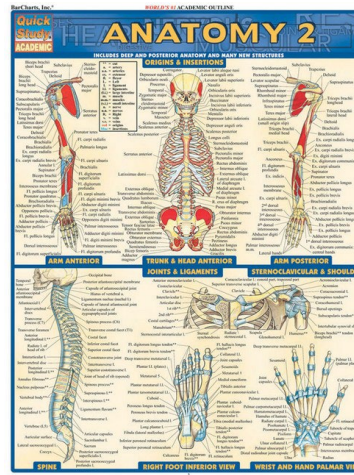


Complete labeled illustrations of over 1,400 anatomical identifications. Loaded with beautifully illustrated diagrams clearly and concisely labeled for easy identification. Illustrations by award-winning medical illustrator Vincent Perez.

BARCHARTS PUBLISHING

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: August 2014
9781423222781

FOLD-OUT BOOK OR CHART
6 pages
AUD\$: 19.99



Anatomy 2 - Reference Guide

By Vincent Perez

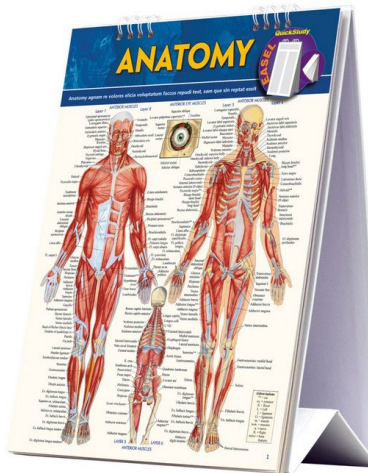


The best-selling QuickStudy guide ever! This 6-page laminated guide contains 1,400 beautifully illustrated diagrams all clearly and concisely labeled for easy identification. Illustrations by award-winning medical illustrator Vince Perez.

BARCHARTS PUBLISHING

Disc: TRADE INTERNATIONAL
279 X 216 mm
Release Date: December 2004
9781572228566

FOLD-OUT BOOK OR CHART
6 pages
AUD\$: 19.99



Anatomy Easel Book

By Vincent Perez



Powerful human anatomy desktop easel reference in 21 pages with more detailed illustrations and labeled parts per page than any other reference tool. Pages are laminated, making them rip and spill-proof.

BARCHARTS PUBLISHING

Disc: TRADE INTERNATIONAL
279 X 215 mm
Release Date: May 2016
9781423225836

Spiral bound
21 pages
COLOUR THROUGHOUT
AUD\$: 39.99



Joints & Ligaments

By Vincent Perez

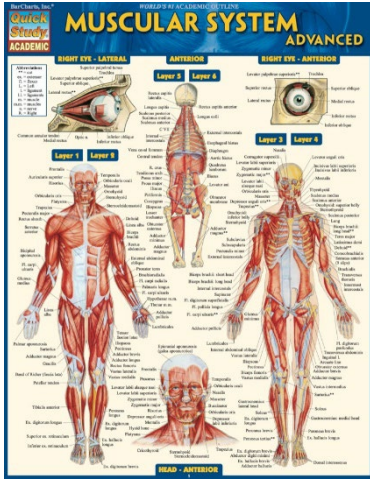


Complete, labeled illustrations of joints and ligaments in the human body. From pre-teen to pre-med, this guide is loaded with beautifully illustrated diagrams, clearly and concisely labeled for easy identification.

BARCHARTS PUBLISHING

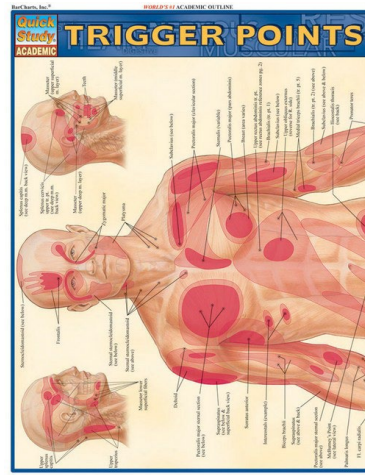
Disc: TRADE INTERNATIONAL
279 X 4 mm
Release Date: May 2002
9781572226845

FOLD-OUT BOOK OR CHART
2 pages
AUD\$: 19.99



**Muscular System
Advanced**

By Vincent Perez



Trigger Points

By Vincent Perez



Studying the muscular system in detail will be a cinch with our comprehensive, six-panel guide. All areas of the body from head to toe have been illustrated and labeled in full color by award-winning artist Vincent Perez.

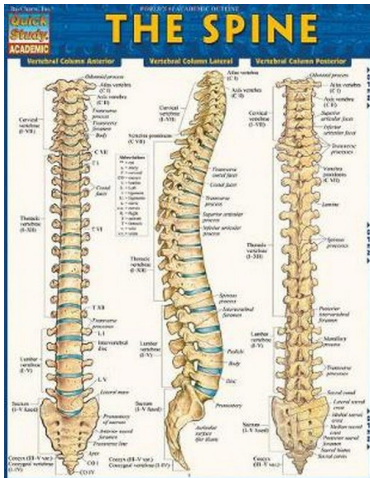
Uses detailed illustrations to showcase all the trigger points that can be found on the arms, legs, face, chest, back and other areas of the human body. Illustrations are by renowned anatomical artist, Vince Perez.

BARCHARTS PUBLISHING
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: December 2011

FOLD-OUT BOOK OR CHART
6 pages
COLOUR THROUGHOUT
AUD\$: 19.99

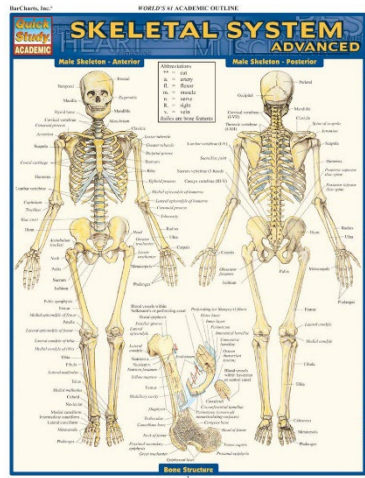
BARCHARTS PUBLISHING
Disc: TRADE INTERNATIONAL
279 X 4 mm
Release Date: March 2008
9781423203162

FOLD-OUT BOOK OR CHART
6 pages
AUD\$: 19.99



The Spine

By Vincent Perez



Skeletal System

By Vincent Perez



The Spine guide is one of BarCharts' newest additions to the QuickStudy (R) line of anatomy guides, posters, and flash cards. In our handy, fold-out format, you will find the anatomy of the human vertebral column.

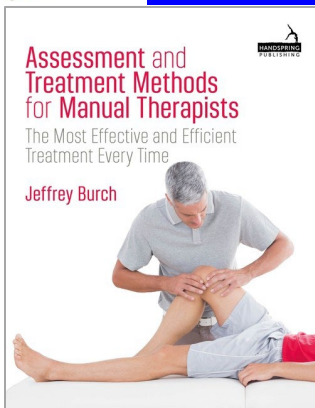
Studying the skeletal system in detail will be a cinch with our comprehensive, 6-panel guide. Each skeletal area--from the bones of the thorax to the vertebral column--has been illustrated and labeled in full color by award-winning artist Vincent Perez.

BARCHARTS PUBLISHING
Disc: TRADE INTERNATIONAL
279 X 4 mm
Release Date: October 2013
9781423220237

FOLD-OUT BOOK OR CHART
6 pages
AUD\$: 19.99

BARCHARTS PUBLISHING
Disc: TRADE INTERNATIONAL
279 X 4 mm
Release Date: December 2010
9781423215103

FOLD-OUT BOOK OR CHART
6 pages
AUD\$: 19.99



NEW

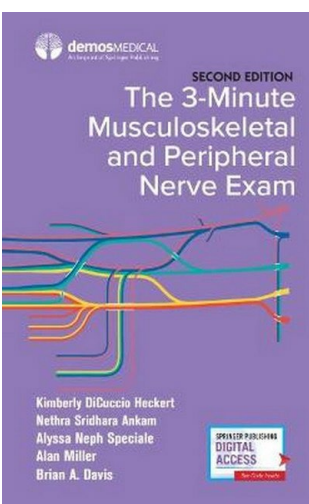
Assessment and Treatment Methods for Manual Therapists

The Most Effective and Efficient Treatment Every Time

By Jeffrey Burch, Peter Anthony

Effectively assessing clients and knowing how to treat them is the cornerstone of manual therapy. This practical and informative book gives clear and detailed information about these two steps. The book provides step-by-step instructions (including illustrations) for 19 assessment methods and 24 gentle treatment methods, some of which appear in print for the first time. These methods can be combined to give multiple options for treatment, as demonstrated in five practical examples which demonstrate how the practitioner can apply the methods to improve their clients' wellbeing. The author also describes his six-axis model of variance among treatment methods, which will be particularly useful for practitioners who may want to develop additional new treatment methods of their own.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
Paperback
246 X 189 mm
288 Pages
B&W THROUGHOUT
Rel Date: January 2024
9781839978746
AUD\$: 96.99



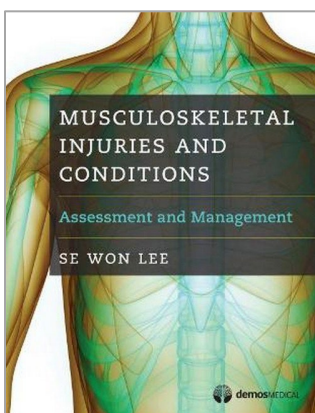
NEW

The 3-Minute Musculoskeletal and Peripheral Nerve Exam 2/e

By Kimberly DiCuccio Heckert, Nethra S. Ankam

New edition of the premier quick reference to conducting thorough musculoskeletal and neuromuscular examinations, now in full color with video. Comprehensive and concise, *The 3-Minute Musculoskeletal and Peripheral Nerve Exam, Second Edition* is a lifeline for the beginning learner and trusted point-of-care reference for seasoned practitioners. Consistently formatted, every exam includes detailed color photographs and step-by-step instructions to describe patient and examiner actions, findings that indicate a positive test and what a positive test signifies, now with sensitivity and specificity data for specific diagnoses. Organized for rapid retrieval of essential information, the book traverses basic and advanced techniques for joint, muscle, reflex, and nerve exams and includes 180 videos demonstrating the maneuvers.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
Paperback
229 X 152 mm
320 Pages
Rel Date: November 2022
9780826177421
AUD\$: 127.00



Musculoskeletal Injuries and Conditions

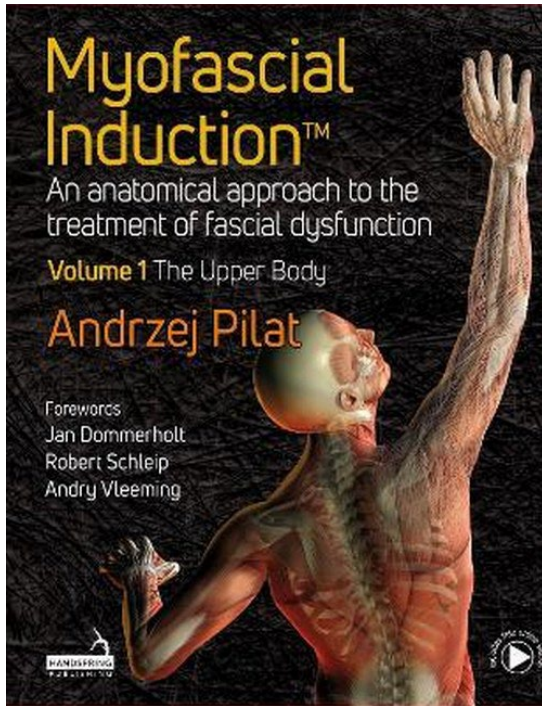
Assessment and Management

By Se Won Lee

Musculoskeletal Injuries and Conditions: Assessment and Management is a practical guide to diagnosis and treatment of musculoskeletal conditions in clinical practice. More comprehensive than a handbook, yet more clinically focused than a desk reference, this volume is a one-stop guide for clinicians who deal with musculoskeletal disorders and injuries in the practice setting. The book is organized by anatomic region, from neck to toe, and written in outline format. Each chapter concisely presents the basic knowledge that every practitioner needs to have at the ready in the outpatient clinical context.

SPRINGER PUBLISHING COMPANY
Disc: ACAD & PROFESSIONAL
Paperback
254 X 178 mm
505 Pages
B&W THROUGHOUT
Rel Date: April 2017
9781620700983
AUD\$: 186.00





Myofascial Induction (TM) Volume 1
The Upper Body: An Anatomical Approach to the Treatment of Fascial Dysfunction

NEW

By Andrzej Pilat

Myofascial Induction (TM) - An anatomical approach to the treatment of fascial dysfunction describes the properties of the fascial network and provides therapeutic solutions for different types of fascial dysfunction. The material is presented in two volumes: Volume 1 analyzes in depth the theoretical aspects related to fascia and focuses on the therapeutic procedures of *Myofascial Induction Therapy (MIT (TM)) for the upper body*; Volume 2 summarizes and expands on the theoretical aspects and explains the therapeutic procedures of MIT for the lower body. These processes are explained in detail and are richly illustrated, in full color, with diagrams and photographs of their practical application in the body and in the treated samples of dissected tissues.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL

280 X 225 mm

Release Date: December 2023

9781913426330

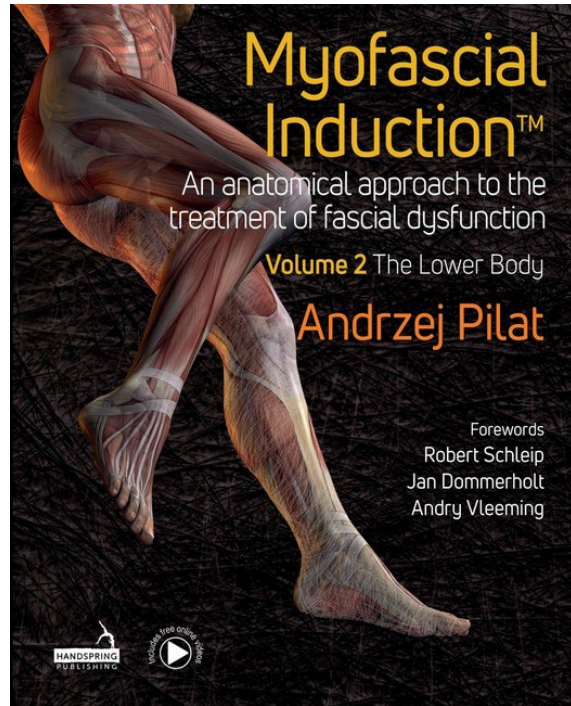
Hardback

520 pages

AUD\$: 236.00



9 781913 426330



Myofascial Induction (TM) Vol 2
The Lower Body: An Anatomical Approach to the Treatment of Fascial Dysfunction

NEW

By Andrzej Pilat

In this unique and lavishly illustrated book and its accompanying videos the practitioner can for the first time see the effect of manual interventions on underlying body structures. Volume 2 addresses its applications to the thoracic and lumbar spine, the pelvis, and the lower body. The authors own teaching and practice provide the material that explains and illustrates fascial anatomy and therapeutic procedures. The beautiful full color photographs and videos of dissections of non-embalmed cadavers show the continuity of the fascial system and its dynamic links to other body systems. By demonstrating the effect that therapy has on body structures the book will be of interest and practical value to the physical therapist, osteopath, chiropractor, physician and all bodyworkers dedicated to manual therapy, as well as to researchers wishing to build on this ground-breaking material.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL

275 X 220 mm

Release Date: December 2023

9781913426354

Hardback

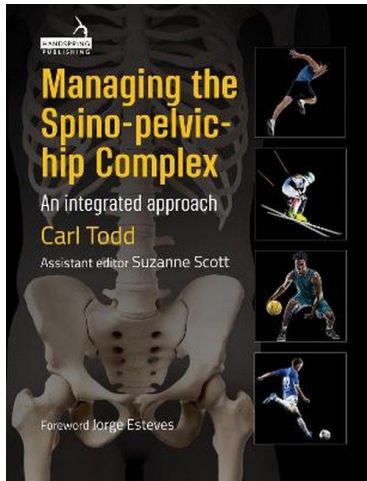
300 pages

AUD\$: 238.00



9 781913 426354

These two volumes are also available as a set. ISBN: 9781909141322



Managing the Spino-Pelvic-Hip Complex

By Carl Todd

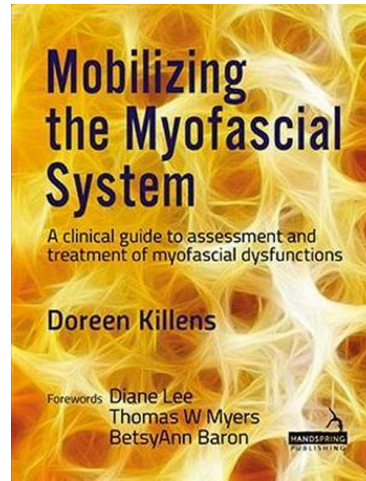


9 781913 426293

Managing the Spino-Pelvic-Hip Complex is based on the author's extensive clinical experience of assessing and treating athletes at all levels. For nearly 20 years his work has been in the field of high-performance sport.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: January 2023
9781913426293

Paperback
248 pages
COLOUR SECTION(S)
AUD\$: 112.00



Mobilizing the Myofascial System

By Doreen Killens

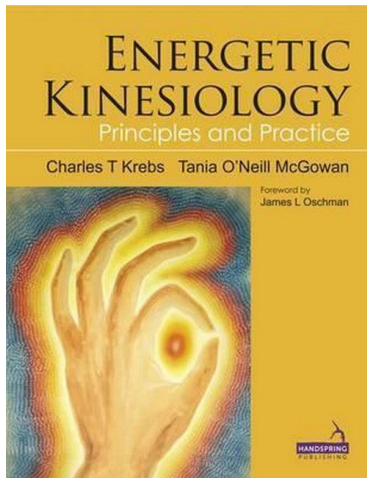


9 781909 141902

An evidence-based textbook about myofascia and how an understanding of its functions and pathology can be used by physical therapists and other bodyworkers to illuminate and enhance their clinical practice.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: January 2019
9781909141902

Paperback
296 pages
COLOUR SECTION(S)
AUD\$: 119.00



Energetic Kinesiology

By Charles Krebs, Tania McGowan

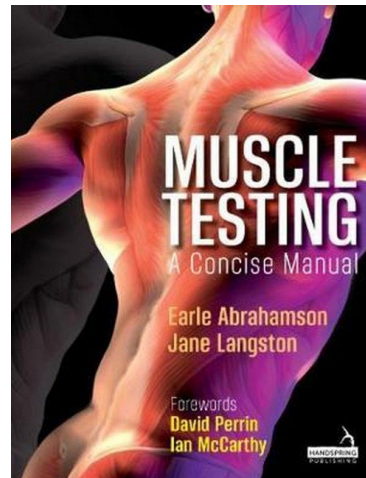


9 781909 141032

Energetic Kinesiology is an emerging field internationally in the Complementary Health Sciences, gaining more and more scientific support and recognition. This fully referenced textbook describes the field.

HANDSPRING PUBLISHING
Author is from Australia
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: March 2014
9781909141032

Paperback
372 pages
B&W THROUGHOUT
AUD\$: 119.00



Muscle Testing

By Earle Abrahamson, Jane Langston

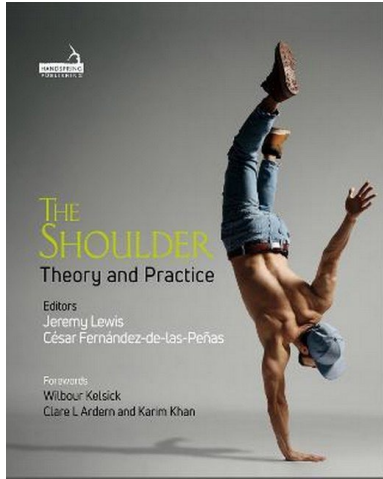


9 781912 085651

Muscle testing - A Concise Manual, provides a reference for understanding how structure relates to function, and how by knowing function we can learn structural configurations.

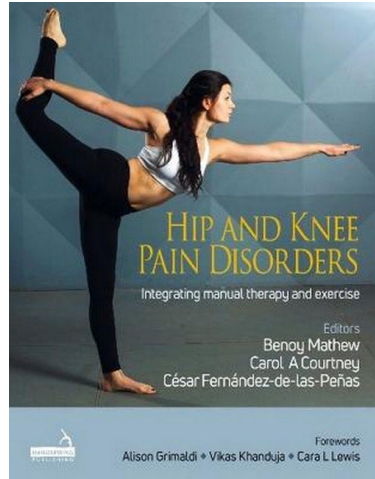
HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: January 2020
9781912085651

Paperback
184 pages
COLOUR SECTION(S)
AUD\$: 74.99

**The Shoulder****By Cesar Fernandez-de-las-Penas, Jeremy Lewis****AUS & NZ CONTRIBUTORS**

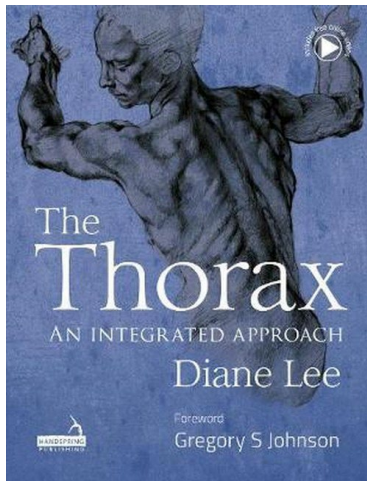
9 781913 426170

The Shoulder: Theory & Practice presents a comprehensive fusion of the current research knowledge and clinical expertise that will be essential for any clinician from any discipline who is involved with the assessment.

HANDSPRING PUBLISHINGDisc: ACAD & PROFESSIONAL
285 X 225 mm
Release Date: September 2022
9781913426170Hardback
712 pages
COLOUR SECTION(S)
AUD\$: 174.00**Hip and Knee Pain Disorders****By Benoy Mathew, Carol Courtney**

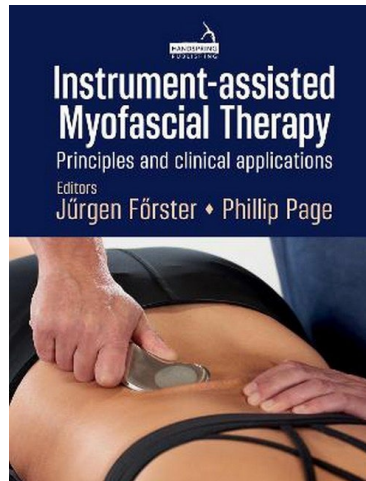
9 781913 426132

Hip and Knee Pain Disorders has been written to provide a state-of-the-art, evidence-informed and clinically-informed overview of the examination and conservative management of hip/knee pain conditions.

HANDSPRING PUBLISHINGDisc: TRADE INTERNATIONAL
276 X 220 mm
Release Date: September 2022
9781913426132Hardback
476 pages
NOT ILLUSTRATED
AUD\$: 161.00**The Thorax****By Diane Lee**

9 781912 085057

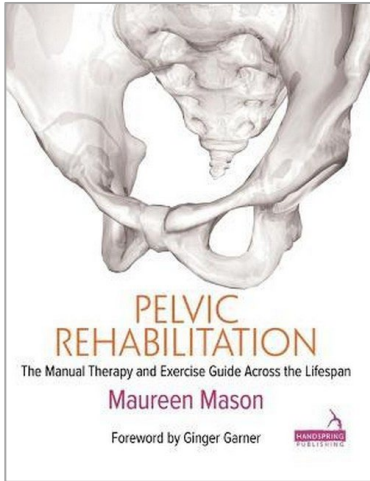
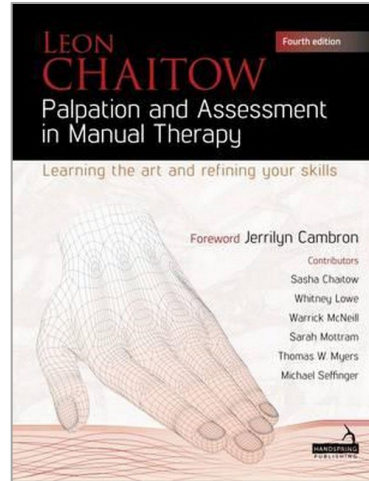
This clinical textbook will update the reader on the relevant anatomy, known biomechanics, clinical assessment, musculoskeletal conditions and treatment of the thorax and how these relate to the function of the whole body.

HANDSPRING PUBLISHINGDisc: ACAD & PROFESSIONAL
250 X 195 mm
Release Date: November 2018
9781912085057Hardback
332 pages
AUD\$: 160.00**Instrument-Assisted Myofascial Therapy****By Jurgen Foerster, Phillip Page****NEW**

9 781913 426453

Instrument-Assisted Myofascial Therapy - principles and clinical applications provides a complete overview of this effective therapy (IAMT) based on the authors' own clinical experience of using instruments to treat myofascial lesions.

HANDSPRING PUBLISHINGDisc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: February 2023
9781913426453Paperback
232 pages
COLOUR SECTION(S)
AUD\$: 112.00

**Pelvic Rehabilitation****By Maureen Mason****NEW****Palpation and Assessment in Manual Therapy 4/e****By Leon Chaitow**

This book presents paradigms and programs for pelvic health conditions over the lifespan from childhood to senior years, with medical pearls and storytelling.

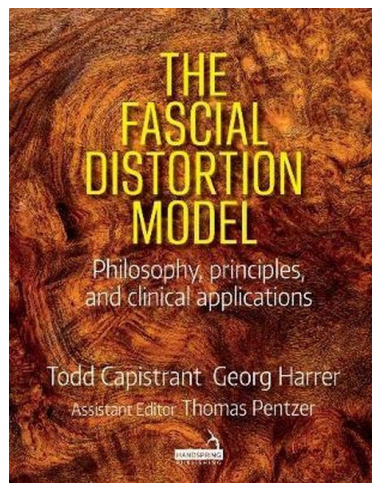
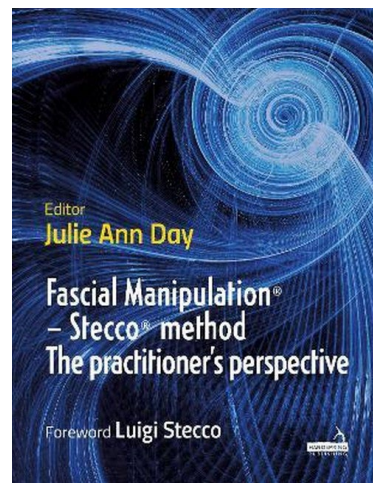
As the title suggests this book has been written to assist manual therapists to understand and hone the palpatory skills which are essential to their effectiveness as practitioners.

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 246 X 189 mm
 Release Date: May 2023
9781913426095

Paperback
 240 pages
 COLOUR SECTION(S)
AUD\$: 109.00

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 245 X 190 mm
 Release Date: May 2017
9781909141346

Paperback
 342 pages
 B&W THROUGHOUT
AUD\$: 98.99

**The Fascial Distortion Model****By Todd Capistrant, Georg Harrer****Fascial Manipulation® - Stecco® method The practitioner's perspective****By Julie Ann Day**

The Fascial Distortion Model (FDM) was introduced by the American physician Stephen Typaldos (1957-2006). In this model all injuries and other conditions causing pain or disability are seen as arising from specific distortions.

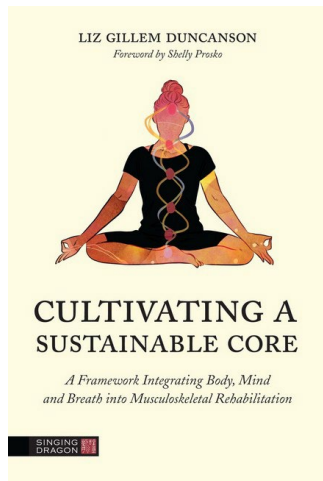
This book highlights the impact that the Fascial Manipulation (R) - Stecco (R) method for fascial dysfunctions, developed by Italian physiotherapist Luigi Stecco, has had on the clinical practice of 16 well-established practitioners.

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 245 X 190 mm
 Release Date: April 2021
9781912085569

Paperback
 264 pages
AUD\$: 112.00

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 245 X 190 mm
 Release Date: October 2018
9781912085019

Paperback
 220 pages
 B&W THROUGHOUT
AUD\$: 86.99



Cultivating a Sustainable Core

By Elizabeth Duncanson, Masha Pimas

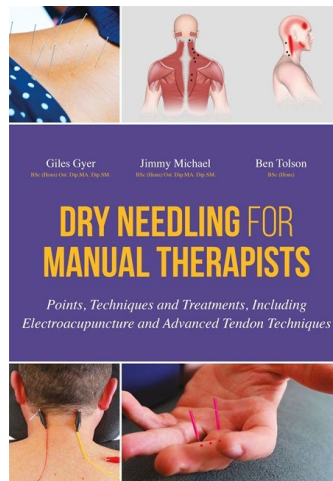
NEW



Providing a new framework for treating patients holistically, this book offers a novel way of organizing movement therapy intake analysis.

JESSICA KINGSLEY PUBLISHERS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: September 2023
9781787754201

Paperback
320 pages
B&W THROUGHOUT
AUD\$: 55.99



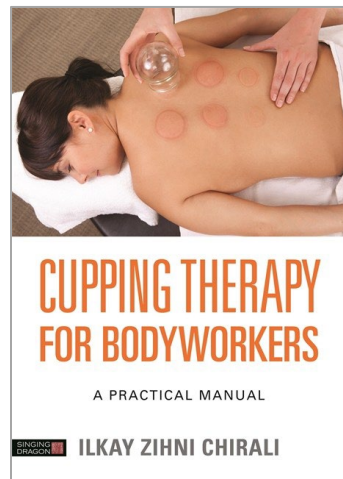
Dry Needling for Manual Therapists

By Giles Gyer, Jimmy Michael

Designed to be a go-to reference for assessment and treatment planning in the clinic, this is a clear and concise handbook for students and practitioners of dry needling, or medical acupuncture.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
150 X 150 mm
Release Date: March 2016
9781848192553

Hardback
320 pages
AUD\$: 112.00



Cupping Therapy for Bodyworkers

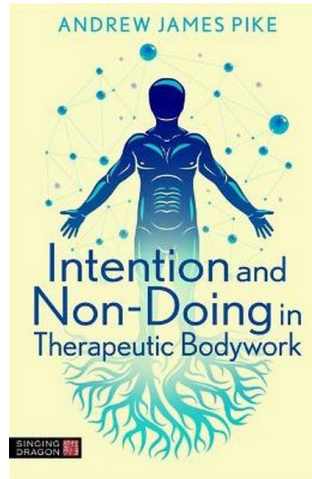
By Ilkay Zihni Chirali



Cupping therapy is a Traditional Chinese Medicine (TCM) technique that has been used for thousands of years as a highly effective treatment for a variety of conditions, including skin conditions and musculoskeletal complaints.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
255 X 180 mm
Release Date: October 2018
9781848193574

Paperback
112 pages
AUD\$: 77.99



Intention and Non-Doing in Therapeutic Bodywork

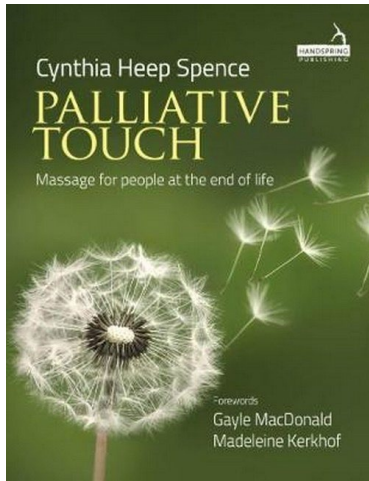
By Andrew Pike



Exploring the Buddhist/Taoist concept of non-doing and intention in relation to bodywork, this book focuses on how the therapist should approach their client without agenda and meet them where they are at.

JESSICA KINGSLEY PUBLISHERS
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: September 2021
9781787758988

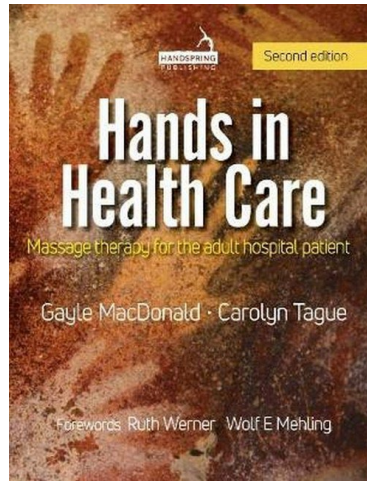
Paperback
240 pages
B&W THROUGHOUT
AUD\$: 49.99

**Palliative Touch****By Cynthia Spence**

With the support of palliative care and hospice, a growing number of people are choosing the kinds of experiences they want at the end of life.

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 246 X 189 mm
 Release Date: December 2022
9781913426194

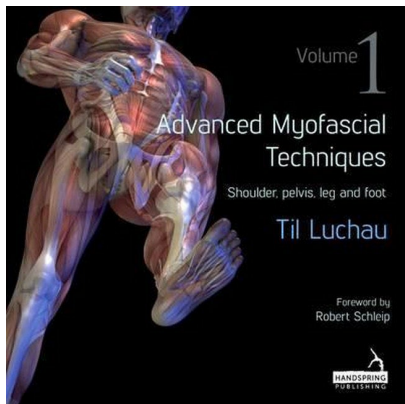
Paperback
 200 pages
 COLOUR SECTION(S)
AUD\$: 79.99

**Hands in Health Care 2/e****By Gayle MacDonald, Carolyn Tague**

This is the second edition of a highly successful book - the only one available on this topic. The first edition was written by a well-known massage therapist and author, Gayle MacDonald.

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 275 X 220 mm
 Release Date: March 2021
9781912085545

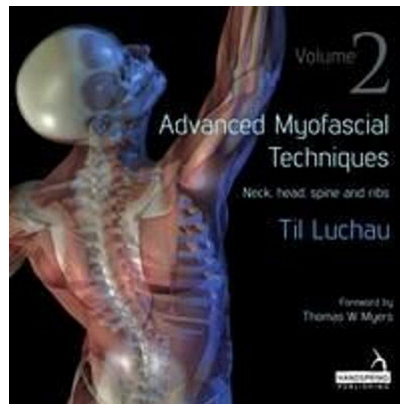
Paperback
 368 pages
 COLOUR SECTION(S)
AUD\$: 124.00

**Advanced Myofascial Techniques: Volume 1****By Til Luchau**

A beautiful visual and narrative guide to a selection of unique hands-on myofascial techniques. Techniques are chosen for inclusion based on their relevance to the most common client complaints.

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 250 X 250 mm
 Release Date: May 2015
9781909141162

Paperback
 208 pages
AUD\$: 109.00

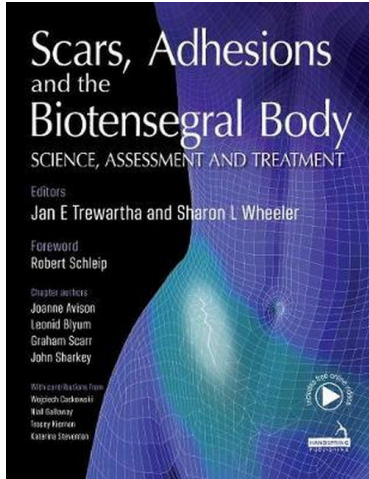
**Advanced Myofascial Techniques: Volume 2****By Til Luchau**

Advanced Myofascial Techniques, Volume 2 is the second of two beautiful, information-packed guides to highly effective manual therapy techniques.

HANDSPRING PUBLISHING
 Disc: ACAD & PROFESSIONAL
 250 X 250 mm
 Release Date: July 2016
9781909141179

Paperback
 244 pages
AUD\$: 109.00

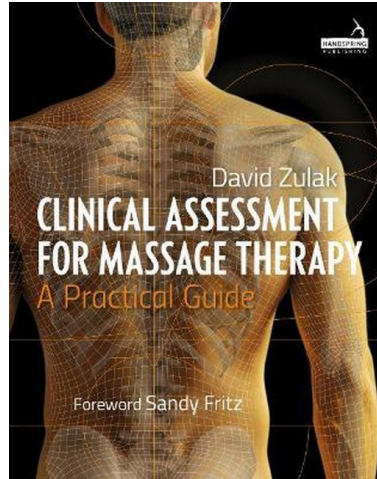
These two volumes are also available as a set. ISBN: 9781909141322

**Scars, Adhesions and the Biotensegral Body****By Jan Trewartha, Sharon Wheeler**

This highly illustrated book explains the effects of scars and adhesions on the body through the lens of biotensegrity, a concept that recognizes the role of physical forces on their formation, structure and treatment.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: August 2020
97819121085460

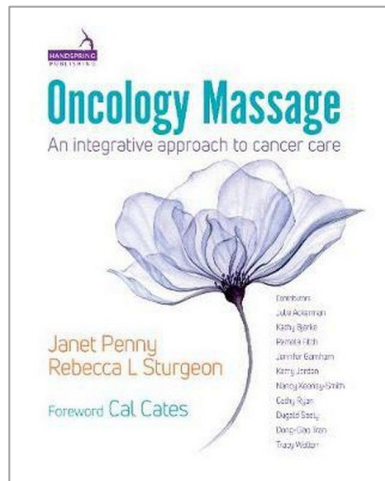
Paperback
176 pages
COLOUR SECTION(S)
AUD\$: 96.99

**Clinical Assessment For Massage Therapy****By David Zulak, Sandy Fritz**

A comprehensive and highly illustrated guide to examining and assessing patients prior to massage therapy.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
275 X 225 mm
Release Date: July 2018
9781909141377

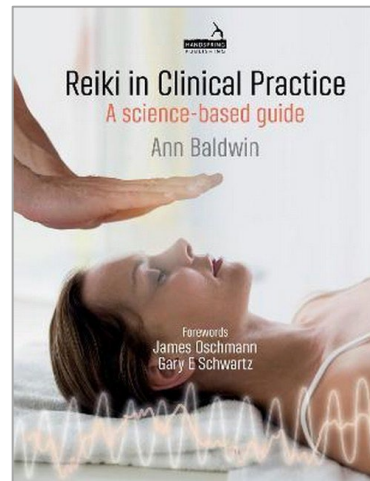
Paperback
584 pages
B&W THROUGHOUT
AUD\$: 129.00

**Oncology Massage****By Janet Penny, Rebecca Sturgeon**

In *Oncology Massage - an integrative approach to cancer care* the authors have created a textbook which will provide both experienced and inexperienced therapists with a resource to expand their knowledge.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
275 X 220 mm
Release Date: July 2021
97819121085750

Paperback
316 pages
COLOUR SECTION(S)
AUD\$: 112.00

**Reiki in Clinical Practice****By Ann Baldwin**

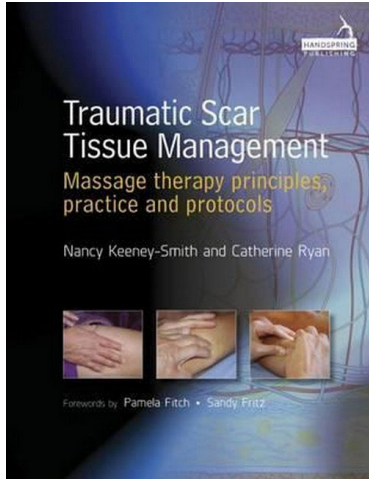
Reiki is a healing technique, using gentle touch with the hands placed on or slightly away from the body to optimize physical, mental and emotional health.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: April 2020
97819121085361

Paperback
228 pages
B&W THROUGHOUT
AUD\$: 86.99

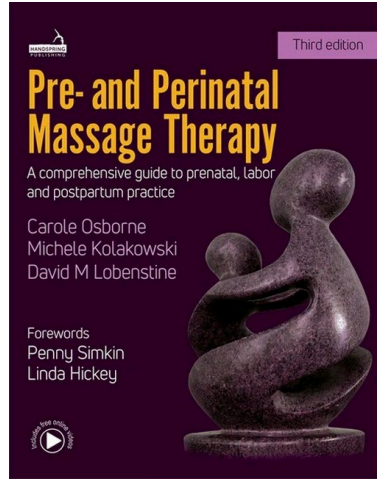


MASSAGE THERAPY



Traumatic Scar Tissue Management

By Nancy Keeney Smith, Catherine Ryan



Pre- and Perinatal Massage Therapy 3/e

By Carole Osborne, Michele Kolakowski



The management of scar tissue is a huge and growing problem for massage and other manual therapists. Research has showed that appropriate massage treatment can have significant results both physically and psychologically.

This is the third edition of a highly successful guide to using massage therapy through all stages of the birth process, from pregnancy, through labor and birth, and into the long postpartum period.

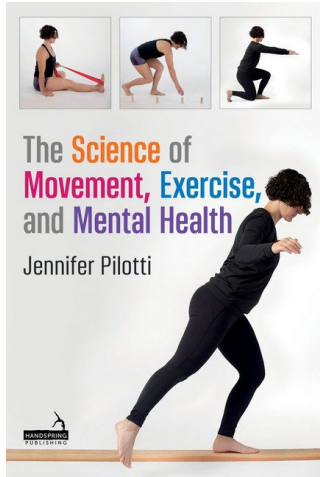
HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: June 2016
9781909141223

Paperback
296 pages
B&W THROUGHOUT
AUD\$: 119.00

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
275 X 220 mm
Release Date: April 2021
9781912085736

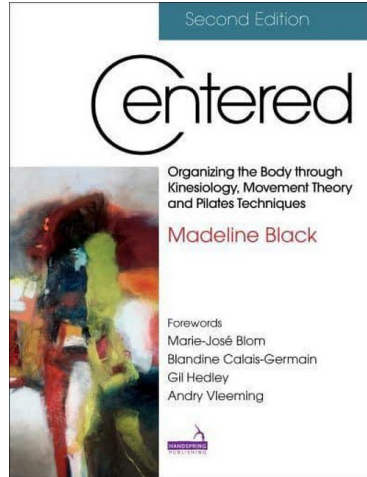
Paperback
336 pages
COLOUR SECTION(S)
AUD\$: 124.00

MOVEMENT



The Science of Movement, Exercise, and Mental Health

By Jennifer Pilotti



Centered 2/e

By Madeline Black



This book provides both the scientific underpinnings of the link between movement and mental health, and practical advice to help individuals achieve their goals.

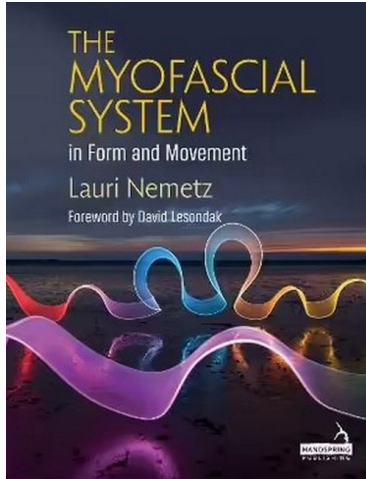
The second edition of *Centered* offers movement practitioners an interdisciplinary approach to physical training that combines the newest advances in science, adaptative biotensegrity principles, and more.

HANDSPRING PUBLISHING
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: September 2023
9781839977732

Paperback
336 pages
B&W THROUGHOUT
AUD\$: 72.99

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: October 2022
9781912085958

Paperback
400 pages
COLOUR SECTION(S)
AUD\$: 112.00



The Myofascial System in Form and Movement

By Laurie Nemetz

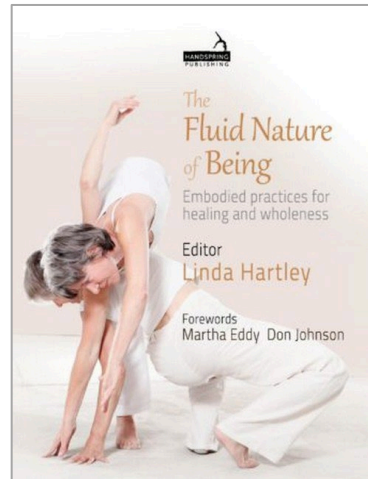
NEW



This book is intended to help the reader be part of the rich movement dialogue in the rapidly changing field of myofascial science and to spark conversation between diverse professions from the physical trainer to the physicist.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: January 2023
9781912085798

Paperback
208 pages
COLOUR SECTION(S)
AUD\$: 79.99



The Fluid Nature of Being

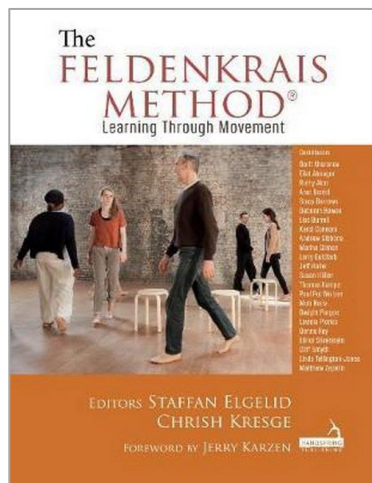
By Linda Hartley



The Fluid Nature of Being is a collection of writings by practitioners of Integrative Bodywork & Movement Therapy (IBMT), an approach to somatic movement education and therapy.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
246 X 189 mm
Release Date: October 2022
9781913426491

Paperback
280 pages
AUD\$: 86.99



The Feldenkrais Method

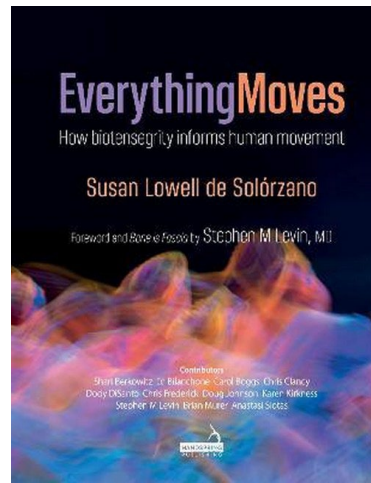
By Staffan Elgelid, Chrish Kresge



Key features of this book: Comparisons about similarities as well as differences between the different methods. It also shows very clearly how the Feldenkrais Method can be applied in a variety of specific settings.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: July 2021
9781912085699

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 81.99



Everything Moves

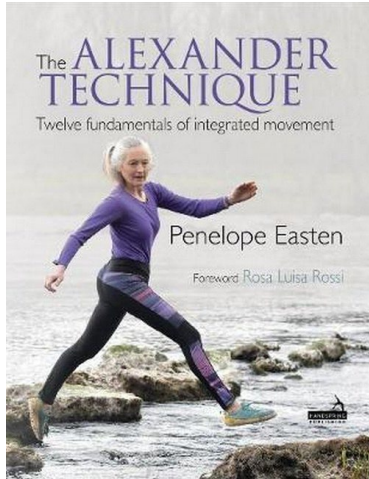
By Susan Lowell de Solórzano



'What a multi-sensory pleasure in learning! I will be a better teacher and better clinician using what I am learning from this book.' Carol M Davis DPT, EdD, MS, FAPTA.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: December 2020
9781909141964

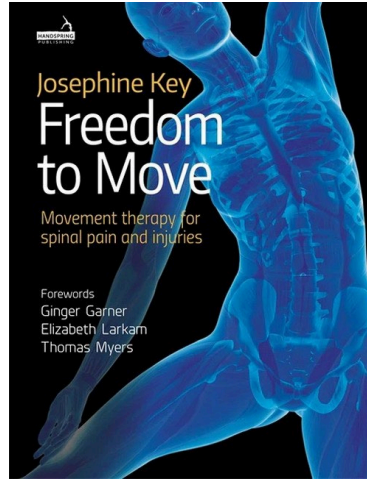
Paperback
200 pages
AUD\$: 99.99

**The Alexander Technique****By Penelope Easten**

All aspects of life involve movement. This book offers a broad, new theoretical framework of how integrated movement occurs, with ideas from recent science, and practical explorations.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
275 X 220 mm
Release Date: June 2021
9781912085859

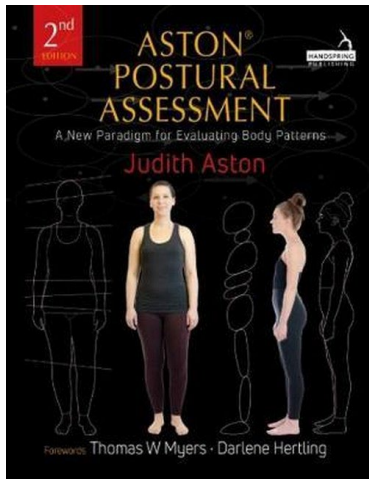
Paperback
304 pages
B&W THROUGHOUT
AUD\$: 112.00

**Freedom to Move****By Josephine Key**

Freedom to Move is an evidence informed practical resource which provides movement therapists of all disciplines with an exercise blueprint for rehabilitating spinal pain and many related injuries.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: December 2018
9781909141926

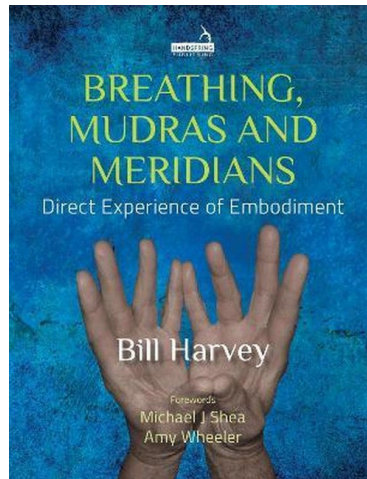
Paperback
396 pages
AUD\$: 109.00

**Aston (R) Postural Assessment****By Judith Aston**

This is a brand new edition of a successful book which was one of the first to encourage movement therapists and bodyworkers to look at the postural causes of movement problems, rather than focusing treatment just on the physical symptoms.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
278 X 217 mm
Release Date: February 2020
9781912085347

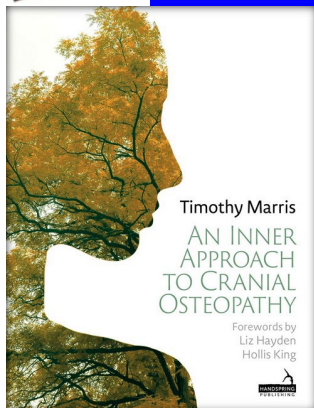
Paperback
256 pages
AUD\$: 86.99

**Breathing, Mudras and Meridians****By Bill Harvey**

This book covers the three pathways of awareness that are built into our bodies, and that can help us to improve the beneficial aspects of our breathing.

HANDSPRING PUBLISHING
Disc: ACAD & PROFESSIONAL
245 X 190 mm
Release Date: September 2021
9781909141865

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 81.99



NEW

An Inner Approach to Cranial Osteopathy

By *Timothy Marris, Hollis King*

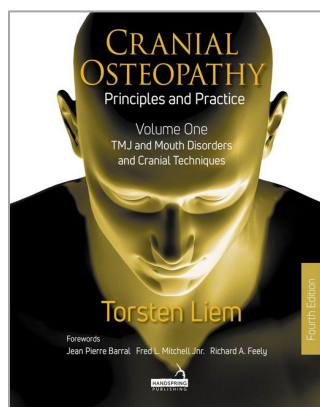
This book is for the current Cranial Osteopathic practitioner. It looks into Cranial Osteopathy from a more profound inner approach to help the practitioner to understand Cranial Osteopathy from a deeper and broader perspective. The book starts by taking the reader on an inner journey of understanding more about themselves as the practitioner, discussing the osteopathic toolbox, and the need to be inner centred when diagnosing and treating. It then looks at aspects of diagnosis - of tissue and fluid states - giving the reader several inner considerations which they should apply when assessing a patient. The book then looks at the whole body and using an inner approach to assess and treat each area.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL
Paperback
246 X 189 mm
288 Pages

Rel Date: September 2023
9781913426378

AUD\$: 123.00



NEW

Cranial Osteopathy - Volume 1

TMJ and Mouth Disorders, and Cranial techniques

By *Torsten Liem*

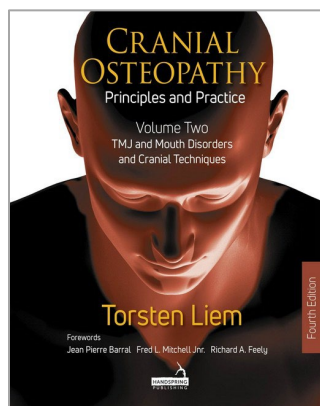
Taking a profound inner approach to help the modern Cranial Osteopathic practitioner understand Cranial Osteopathy from a deeper and broader perspective, this book begins by takes the reader on a journey of understanding about themselves as a practitioner. It discusses the osteopathic toolbox - the skill set which the practitioner must bring to each patient - as well as the need to be inner centred when diagnosing and treating. The following chapter looks at aspects of diagnosis - of tissue and fluid states, giving the reader several inner considerations which they should apply when assessing a patient. The book then looks at the whole body and advises on using an inner approach to assess and treat TMJ and mouth disorders.

HANDSPRING PUBLISHING

Disc: ACAD & PROFESSIONAL
Paperback
276 X 220 mm
352 Pages

Rel Date: November 2023
9781913426712

AUD\$: 186.00



NEW

Cranial Osteopathy - Volume 2

Special Sense Organs, Orofacial Pain, Headache, and Cranial Nerves

By *Torsten Liem*

Taking a profound inner approach to help the modern Cranial Osteopathic practitioner understand Cranial Osteopathy from a deeper and broader perspective, this second volume focuses on special sense organs, orofacial pains, headaches and cranial nerves. With guidance in how to best understand yourself as a practitioner, highly detailed discussions of assessing and treating relevant anatomy, and hands on exercises that you can use at the treatment table - this is a comprehensive companion for cranial osteopaths. The chapters are written in a sequence of difficulty, each increasing the readers knowledge, understanding and palpatory skills in preparation for the knowledge/ skill set as they progress through the book.

HANDSPRING PUBLISHING

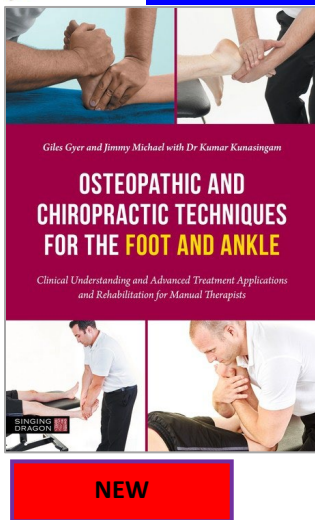
Disc: ACAD & PROFESSIONAL
Paperback
276 X 220 mm
224 Pages

Rel Date: November 2023
9781913426699

AUD\$: 186.00



These two volumes are also available as a set. ISBN: 9781805010781



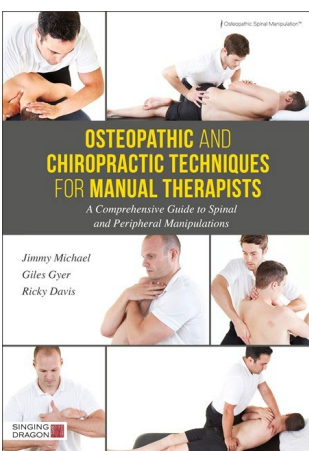
Osteopathic and Chiropractic Techniques for the Foot and Ankle

By Giles Gyer, Jimmy Michael

Exploring treatment options for foot and ankle conditions, this manual therapy textbook looks at bunions, ankle strain, Achilles tendon issues, plantar fasciitis, fractures and sport specific injuries amongst others. Gyer and Michael, along with Dr Kunasingam, examine common misconceptions about foot and ankle conditions and provide explanations on how to assess and diagnose patients. The book also presents a wide treatment selection for manual therapists such as orthotics, taping, soft tissue and joint techniques and common rehabilitation options, with advice on when to refer patients for surgery.

HANDSPRING PUBLISHING

Disc: TRADE INTERNATIONAL
Paperback
246 X 173 mm
320 Pages
B&W THROUGHOUT
Rel Date: July 2023
9781839972010
AUD\$: 104.00



Osteopathic and Chiropractic Techniques for Manual Therapists

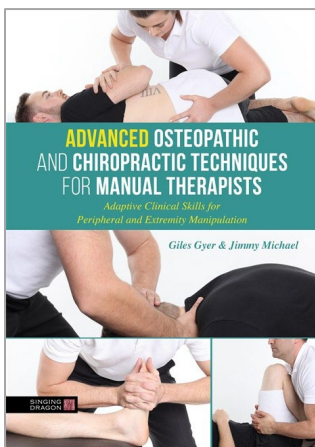
By Giles Gyer, Jimmy Michael

The first book ever to bring together the best techniques from chiropractic and osteopathy, this easy-to-use guide is necessary reading for any manual therapist wishing to hone their skills and discover related techniques that will enhance their practice. Offering practical step-by-step instruction on how to treat a full scope of musculoskeletal conditions, this duo-disciplinary guide draws on current anatomical and physiological research to bring all the most advanced and adaptive manipulation therapy techniques to your fingertips. Providing a brief history of the two central branches of manual therapy, it gives a valuable insight into how manipulation therapists can benefit from sharing ideas and integrating versatile techniques across practices, before providing clear, illustrated references for how to apply the methods on specific sections of the body.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
Hardback
257 X 188 mm
296 Pages

Rel Date: September 2017
9781848193260
AUD\$: 112.00



Advanced Osteopathic and Chiropractic Techniques for Manual Therapists

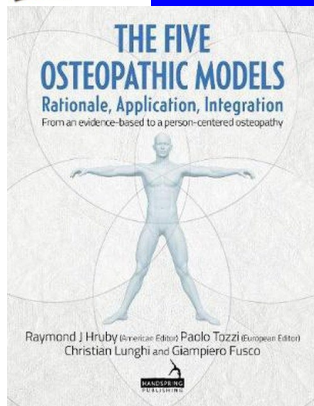
By Giles Gyer, Jimmy Michael

Develop your knowledge of chiropractic and osteopathy with this comprehensive guide to advanced skills and peripheral manipulation techniques. This practical handbook takes into account the latest research, highlighting the neurophysiological effects of these techniques, and providing clear, step-by-step guidance from experienced manual therapists. Covering key topics such as the effects of manipulation on organs, working in sports settings, and motion palpation misconceptions, the book demonstrates how to work with a range of joints with advice on diagnostics, contraindications and safety precautions. This is an expert collaboration between professions and can be used as the go-to clinical handbook for all manual therapists.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
Hardback
105 X 150 mm
288 Pages
Rel Date: August 2020
9780857013941
AUD\$: 115.00





The Five Osteopathic Models

By **Ray Hruby, Paolo Tozzi**

Far from being simply a sequence of techniques, as practised in many countries osteopathy is an independent primary health care system based on principles applied through a manual practice: a unique profession that takes care of the whole person through the application of five models (biomechanical, neurological, respiratory-circulatory, metabolic, and behavioral). These conceptual models of the relationship between structure and function allow osteopaths to evaluate treatment with the aim of promoting health rather than curing disease. This book is intended as a manual for both students and osteopathic professionals interested in exploring the principles, objectives, origins and application of the five osteopathic models, from traditional concepts up to a modern vision, based on evidence and critical thinking.

**HANDSPRING
PUBLISHING**

Disc: ACAD & PROFESSIONAL

Paperback

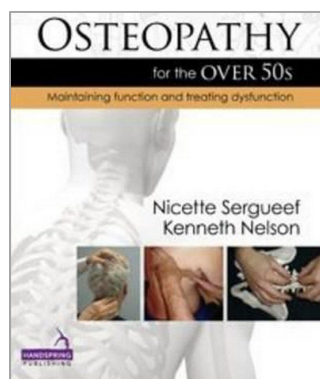
245 X 190 mm

420 Pages

Rel Date: October 2017

9781909141681

AUD\$: 149.00



Osteopathy for the Over 50s

Maintaining Function and Treating Dysfunction

By **Nicette Sergueef, Kenneth Nelson**

Osteopathy for the Over 50s provides a study of the biomechanics and physiology of somatic dysfunction as it relates to those who have reached the age of 50. Although textbooks about osteopathy have been available for over 100 years, there is little material specifically addressing the treatment of adults in this demographic group, despite the increase in their numbers. In this book the authors - describe the diagnosis of somatic dysfunction and the application of osteopathic manipulative treatment specifically as it relates to this age group. - consider the relevance of the somatic function and dysfunction in multiple clinical areas including cardiology, pulmonology, gastroenterology, urology, neurology and rheumatology.

**HANDSPRING
PUBLISHING**

Disc: ACAD & PROFESSIONAL

Hardback

246 X 189 mm

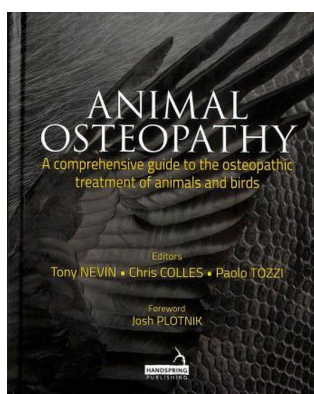
384 Pages

B&W THROUGHOUT

Rel Date: June 2014

9781909141094

AUD\$: 174.00



Animal Osteopathy

A comprehensive guide to the osteopathic treatment of animals and birds

By **Anthony Nevin, Christopher Colles**

This is a comprehensive reference textbook for all those using osteopathic treatment techniques with animals or birds or studying to do so. The book is divided into sections: equine osteopathy; general small animal osteopathy; osteopathy for exotics- (pets such as tortoise, snakes, ferrets etc); osteopathy for wildlife - native as well as non to the UK including species found in most zoological collections; avian osteopathy - both domestic and wild/exotic. Each section covers information specific to that group. This makes the book appropriate for supporting structured post-graduate university validated courses in a clear and easily navigable way.

**HANDSPRING
PUBLISHING**

Disc: ACAD & PROFESSIONAL

Hardback

250 X 195 mm

478 Pages

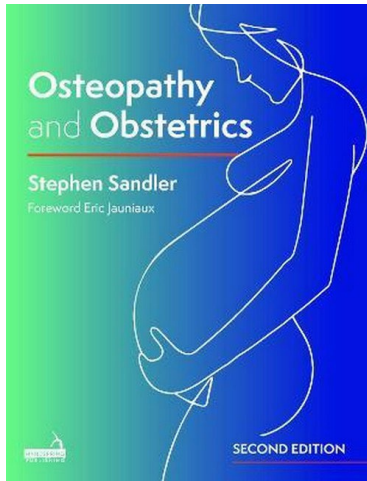
COLOUR SECTION(S)

Rel Date: April 2020

9781909141308

AUD\$: 298.00

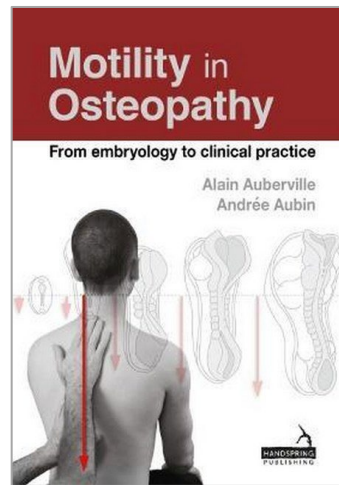


**Osteopathy and Obstetrics***By Dr. Stephen Sandler*

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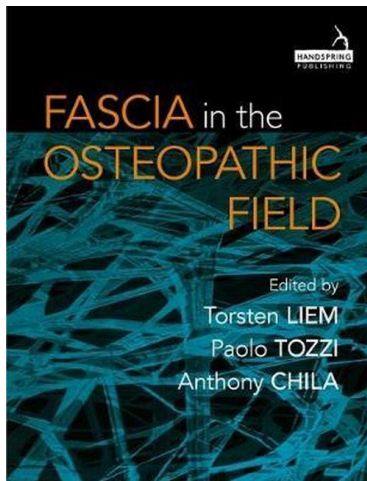
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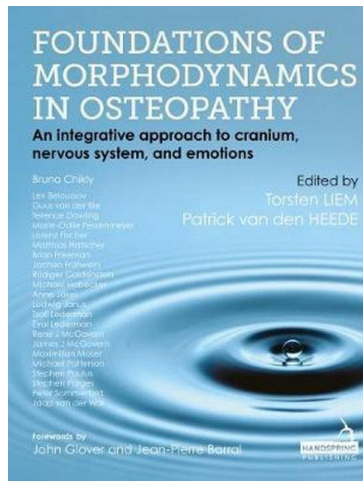
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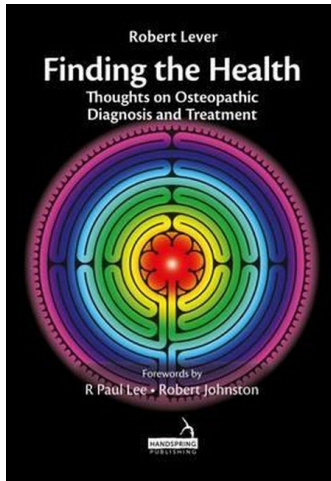
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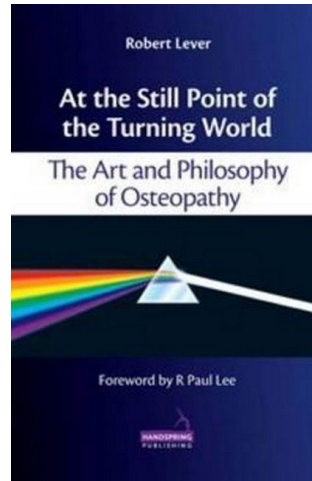
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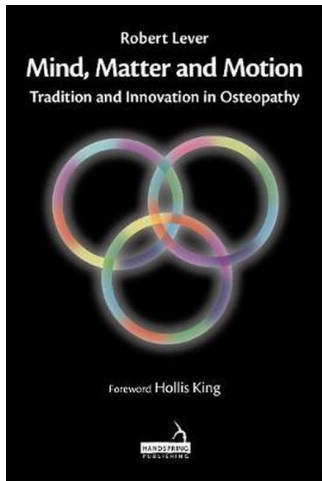
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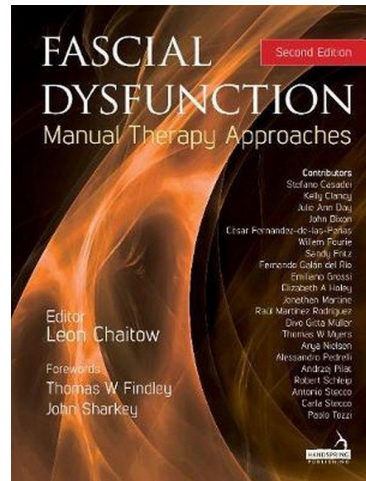
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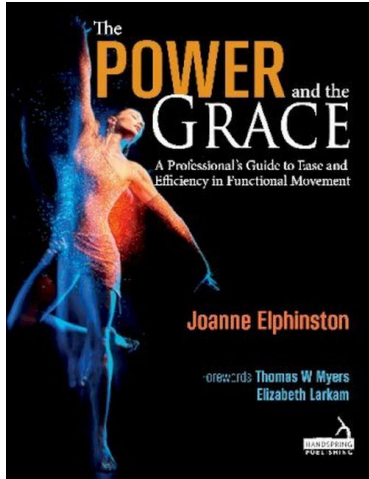
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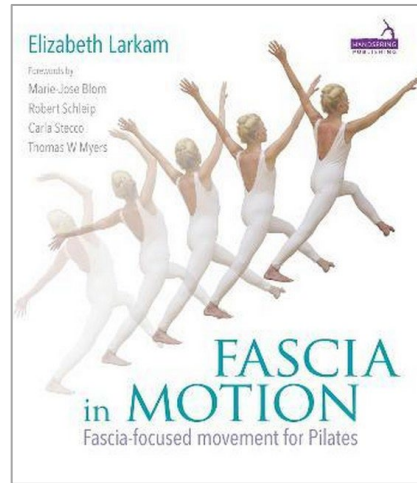
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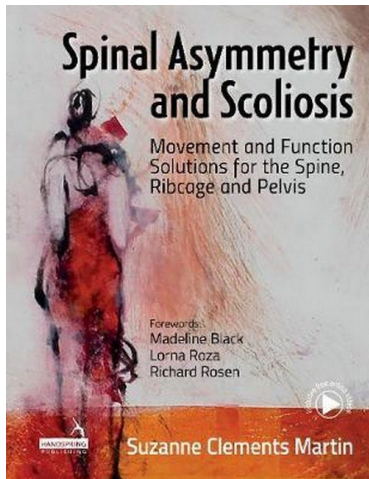
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**Fascia in Motion****By Elizabeth Larkam**

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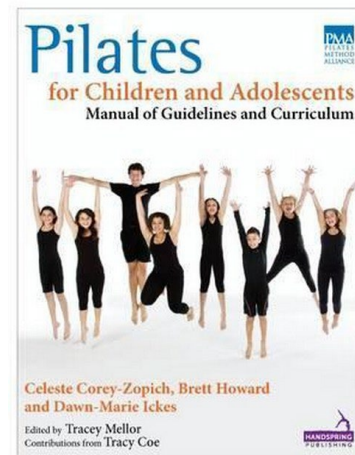
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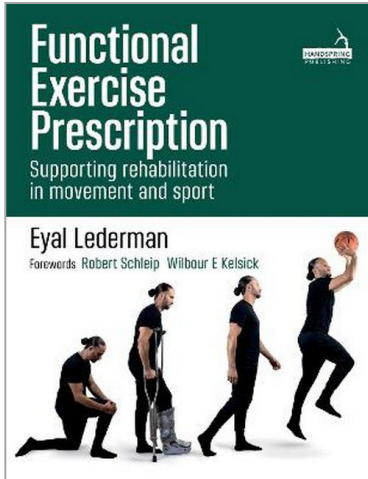
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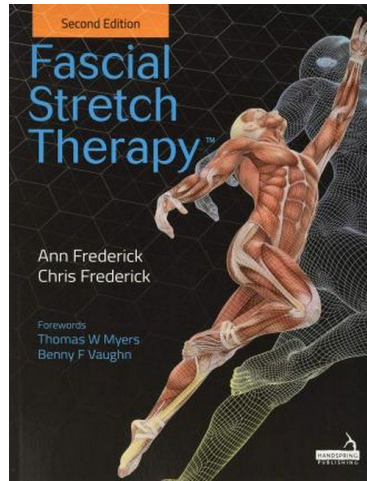
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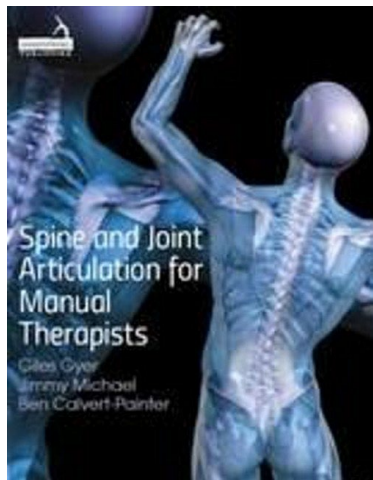
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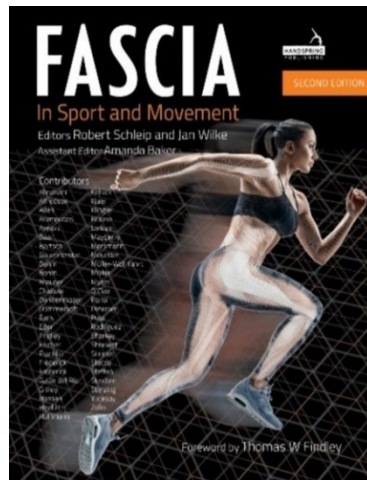
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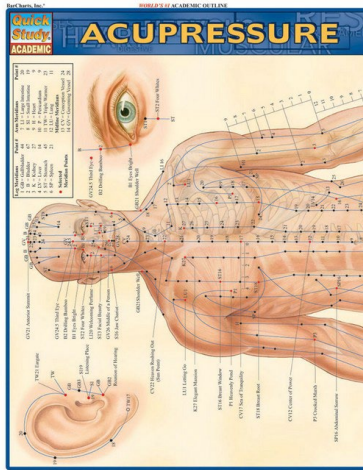
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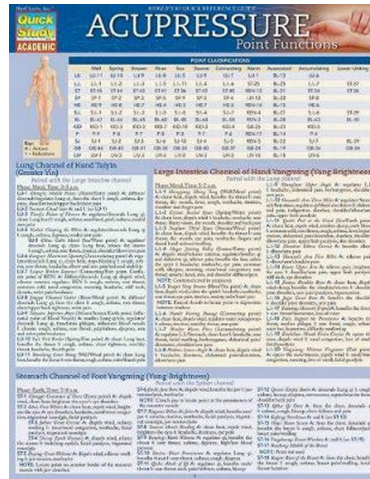
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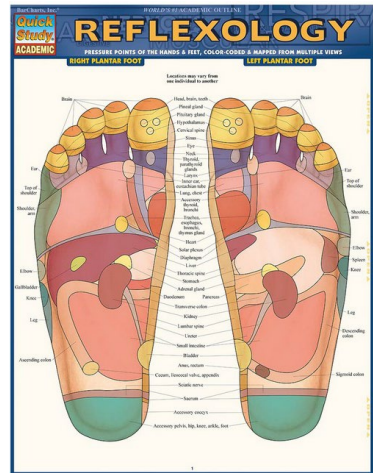
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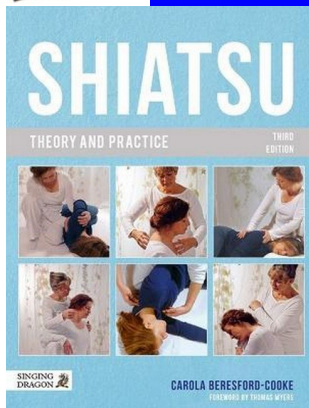
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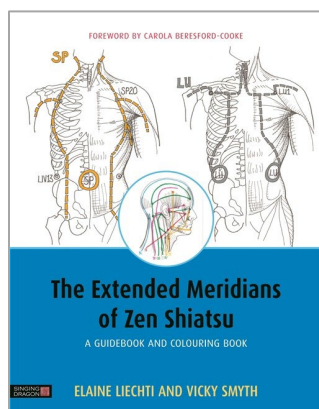
Shiatsu Theory and Practice

By *Carola Beresford-Cooke*

Written by a well-known and highly respected author and practitioner within the field, *Shiatsu Theory and Practice* is a complete introduction to the theory and practice of Zen shiatsu, drawing in detail on the theoretical foundation of both Traditional Chinese Medicine and Five Phase theory as well as that of Zen. Beresford-Cooke explains the strands of theory in a way which makes their integration into practice clear and rational. She includes step-by-step descriptions of treatment routines and techniques, alongside case histories illustrating the application of theory to practice. The book features detailed descriptions and illustrations of meridians, point locations and functions, and these are shown together with salient underlying anatomy.

**JESSICA KINGSLEY
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Rel Date: September 2022
9781839975301
AUD\$: 99.99



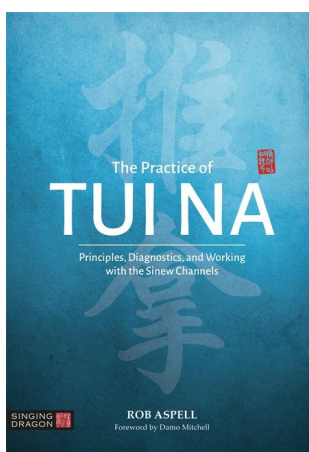
Extended Meridians of Zen Shiatsu: A Guidebook and Colouring Book

By *Elaine Liechti, Vicky Smyth*

Struggling to locate and remember the extended meridians? This guidebook and colouring book allow you to colour and draw along the path of each meridian, supporting visual learning. An effective revision tool for students of Zen shiatsu, it includes 39 double-page spreads with anatomical meridian drawings and tips on locating the meridian and the points. Appropriate treatment positions are also covered, with photographs illustrating the positions for the arms and legs. There are blank anatomical drawings at the back of the book for you to freely colour and draw on to aid your understanding and memory of the extended meridians, which are notoriously tricky to locate and remember. Colour drawings showing the multiple meridians in relation to each other are included at the back of the book for reference.

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Practice of Tui Na

By *Robert Aspell*

Tui Na is one of the 'Four Pillars' of Chinese medicine (alongside Acupuncture, herbal medicine and Qi Gong) and is a form of bodywork that includes acupressure, massage techniques, assisted stretching, and joint mobilisations or adjustments that are all based on the key medical principles and diagnostics of the Classics of Chinese medicine. This book is an accessible clinical handbook of Tui Na principles and practice. Tui Na can be used as much more than a musculoskeletal therapy, but in order to use it to its full potential as a medical intervention, it is essential to understand its uses on the Sinew channel system as opposed to the other channel systems commonly used within acupuncture.

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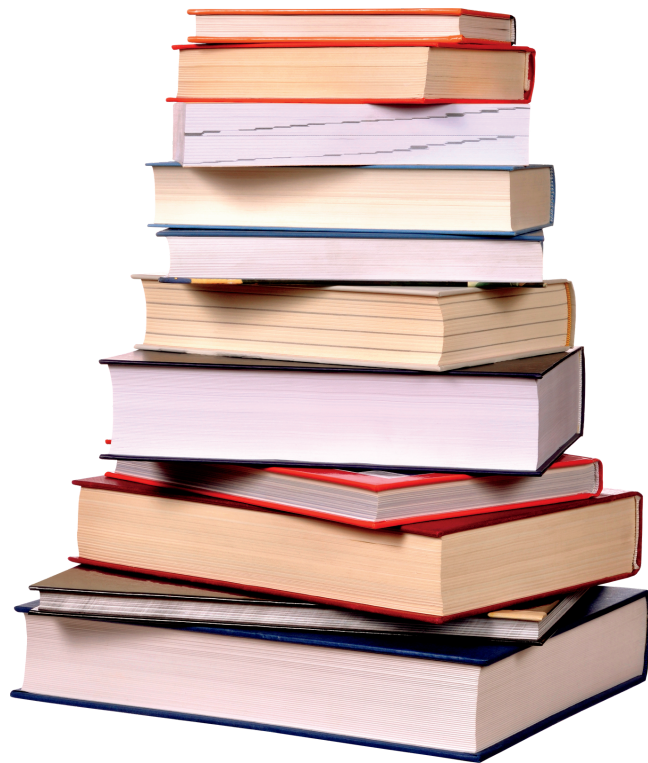


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